



IFSC EUROPE – EUROPEAN YOUTH CUP - BOULDER

2023

2023 IFSC EUROPE

EUROPEAN YOUTH CUP BOULDER



SOURE, PORTUGAL

22/23 APRIL 2023

ORGANISED BY:





ORGANIZATION

The competition is organized by the Promoting Climbing and Mountaineering Federation - Portugal (www.fpme.org) and the Club NESoure.

Host Federation: FPME

Mr. Carlos Gomes

Phone: +351 936 626 048

Mail: carlos.gomes@fpme.org

Organizing Club: NESoure

Mr. Alberto Cruz

Phone: +351 966 142 879

Mail: albertocruz@escolasdesoure.pt

TEAM QUOTAS & RULES

Refer to IFSC Rules, pay attention to the following points:

The EYC is organized by the IFSC Europe in accordance with the IFSC general and boulder regulations and the European Youth Cup Bouldering rules:

IFSC: <https://www.ifsc-climbing.org/index.php/world-competition/rules>

IFSC Europe: <https://www.ifsc-climbing.org/index.php/2-uncategorised/86-european-council>

LICENSES :

Only competitors and team officials holding a valid IFSC international license are allowed to register for the competition.

TEAM OFFICIALS AND COMPETITORS:

Member federations may register, within statutory deadlines, all their team officials who shall be granted free entry into the competition venue.

These officials shall be registered via the [IFSC website](http://www.ifsc-climbing.org), must be in possession of a valid international licence and specifically nominated for one of the following roles:

- a) One (1) team manager;
- b) Up to three (3) team coaches;
- c) Up to three (3) qualified medical or para-medical personnel.

TEAM QUOTA:

- a) Each federation - 3 +2 top ten ranked federations male and female competitors for U16 and U18 categories
Each federation - 2 +2 top ten ranked federations male and female competitors for U20 Category
- b) Host federation - two additional competitors in each category
- c) African Council - 2 for each category and gender.

AGE CATEGORIES:

U20 2004 – 2005

U18 2006 - 2007

U16 2008 - 2009



REGISTRATION

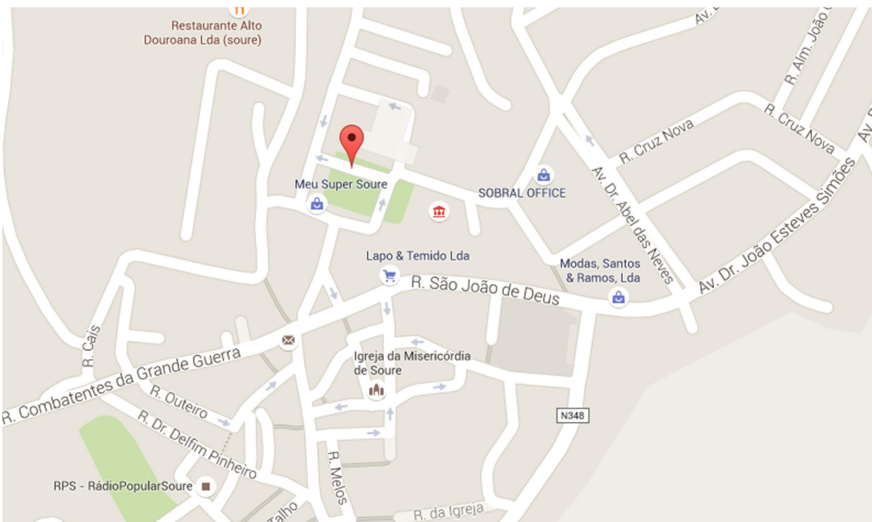
Apply on the IFSC Online Registration System: <https://ifsc.results.info/users/login>

Registration Deadline: Monday, 16th of April 2023.

Registration fees: Euro 25€ for each competitor. In case of late registration 95€ for each competitor. The registration fee will be invoiced by the IFSC Europe to the National Federations. No cash-payments will be done on site.

For the registration on Friday, it is necessary for all team managers to show the passports or ID-cards of their competitors (or copy).

Registration desk: [Soure City Hall](#)



GPS: 40°03'39.4"N 8°37'32.3"W

IMPORTANT:

Please send a list of your Team Officials (manager, coaches and medical staff) and the mobile phone number of the team manager together with arrival information of the team to the email: albertocruz@escolasdesoure.pt.

Confirmation of attendance for delayed arrival:

In case a team is not able to make the registration in time due to flight delays or other unpredictable reasons, please contact:

Cristiano Fossali +39 342 141 4656 or **Alberto Cruz** - +351 966 142 879

TRAVEL DETAILS

Visa:

If you need invitations for Visa, please fulfil the template provided at the end of the document before 27st March and send it to: fpme@fpme.org. And please, don't forget to attach a scanned passport copy.



TRAVELLING TO SOURE

Soure is located near Coimbra and about 150km of Porto airport and 180 km of Lisbon airport. It has a railway station and some trains from Porto, Lisbon and Coimbra stop there.

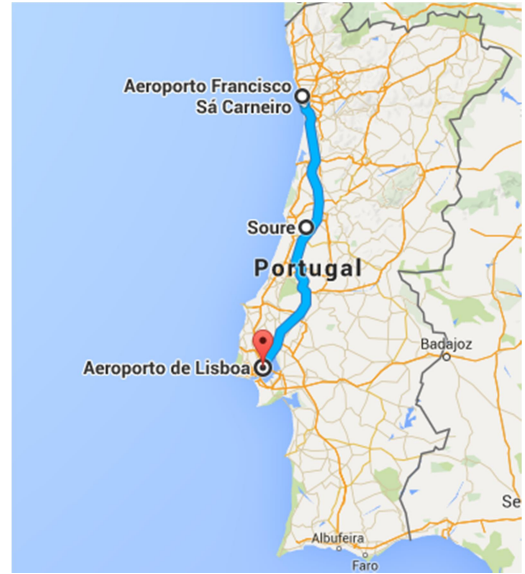
TRAVEL DETAILS

By plane: The nearest airports are:

- Porto (157 km)
- Lisboa (177 km)

By train: From Porto or Lisbon you can catch a train to Soure Railway station, then take less than 10 minutes walk to the competition venue. It is possible to take a train from Porto or Lisbon to Coimbra and come to Soure by train or by bus.

By car: On motorway From Lisbon or Porto take A1; take the exit marked Soure. At the roundabouts take N348 to the right. After 6 km you are in centre of Soure.



COVID RELATED INFORMATION

COVID-19 travel restrictions were lifted in Portugal. Providing proof of vaccination, recovery from COVID-19 or negative test results is not required.

COMPETITION VENUE

[Pavilhão da Encosta do Sol](#)

Avenida Doutor Humberto Lopes Luís
Urb. Encosta do Sol
3130-255 Soure

The venue is near the middle of the village, 500m from the City Hall.

Google Maps: <https://www.google.pt/maps/@40.0652488,-8.6263145,419m/data=!3m1!1e3?hl=pt-PT>

GPS: 40.066142, -8.627478

IFSC OFFICIALS

Jury President:

Cristiano Fossali (ITA)

Jury President Assistance:

Pedro Matos (POR)

Result Service: Luís Belo (POR)

Medical Team:

Dr. Manuel Santos

Dr. Joana Cancela **Chief Route Setter:**

Dirk Uhlig (GER) **Route Setters:**

João Évora (POR), Filipe Carvalho (POR),

Luka Muzar (SLO), Maragda Gabarre (ESP)

Junior Route Setter:

Ricardo Ferreira (POR)

Route Setter Exchange Program:

Tomislav Šproh (CRO)

COMPETITION FORMAT

The format for qualifications has been changed by the IFSC Europe Executive Board.

Qualifications: 6 (3+3) Boulders/4 Minutes (preparation time 15 seconds); Flash-Mode (All boulders will be presented to the athletes by video)

Finals: 4 Boulders/4 minutes (preparation time 15 seconds); Quota: 10/category..

ACCOMMODATION

Soure is a small village with few accommodations.

This year we made a special arrangement with *Palace Hotel & SPA Termas do Bicanho* (****), about 14Km from the venue. The hotel will provide about 90 rooms for the EY Cup. The price includes breakfast. Usually the hotel does not provide meals but, for the European Cup, the teams can book for it.

Please note that rooms will be released on the 23rd March so please book before this deadline to receive the rates agreed

It is possible to have free transportation between this hotel and the competition venue during the competition days, four times a day, in defined hours, depending of the competition final time table.

All hotels and hostels listed below have agreed to a reduced price for the bouldering event.

Cat.	name	phone	email	website	↑	↑↑	↑↑↑	↑↑↑↑	2pax	3pax	4pax	12pax
Soure from 10 to 14 km to the venue												
****	Palace Hotel & SPA Termas do Bicanho	T+351 239580020	geral@termasdobicanho.com	http://www.termasdobicanho.com	59.5	69.5	89.5					
Rural House	Quinta de S. João, Poios	T+351 96 4763150	marinelasousa@sapo.pt	http://www.quintasaojoao.com.pt/								12 pax/night 264€
Penela from 30 km to the venue												
****	Hotel Quinta do Viso	T+351 961654912	hotel@quintadoviso.com	https://www.quintadoviso.com/	50	75	100					
	Hostel Quinta do Viso	T+351 961654912	hotel@quintadoviso.com	https://www.quintadoviso.com/	45	65	90					
****	Ducetânia Design Hotel	T+351 239700740	eventos@duecitania.pt	www.duecitania.pt	94	94	129					
Montemor-o-Velho 12Km km to the venue												
***	Quinta d'Anta- Hotel Rural Maiorca	T+351 233937000 +351 964994 515	nuno.carvalho@portugalonwater.pt hotel@quintadanta.pt	http://www.quintadanta.pt	57	57	80					
Pombal 17 km to the venue												
***	Cardal Hotel	+351 236 200 220	info@cardalhotel.com	www.cardalhotel.com	45	50	65	80				
**	Senhora de Belém Hotel	T+351 236200800	hotel@senhoradebelem.com	http://www.belemhotel.pt/	40	55	68					
	Acquavilla AG	T+351 936 403 041	reservas.acquavilla@gmail.com	www.acquavillahouse.com/en		75	94	110				
Coimbra 29 km to the venue												
***	Hotel D. Luis	T+351 239 802 120	reservas@hoteldluis.pt	anapaula.santana@hoteldluis.pt	54.5	66	82.7					
****	Tivoli Coimbra City Center Hotel	+351 239 858 300	groups.coimbra@tivoli-hotels.com	www.tivolihotels.com	93	103	133					
Miranda do Corva Coimbra 33 km to the venue												
****	Hotel Parque Serra Da Lousa	T+351 239 095 054	geral@hotelparqueserradalousa.pt	https://hotelparqueserradalousa.pt/	85	95		176				
Figueira da foz 36 km to the venue												
****	Universal Boutique Hotel	T+351 233 090 110	geral@universalboutiquehotel.pt	www.universalboutiquehotel.pt	57	62	87					
****	Hotel Mercure Figueira Foz	T+351 233 403 900	h1921@accor.com	www.mercure.com	76	91						
****	Eurostars Oasis Plaza	T+351 233 200 010	reservas@eurostarsoasisplaza.com	https://www.eurostarshotels.com.pt/eurostars-oasis-plaza.html	60	70						
***	Hotel Wellington	+351 233 426 767	reservas@exewellington.com	https://www.eurostarshotels.com.pt/exe-wellington.html	15% discount on the current rate							

2023

Please book your rooms directly with the hotels/hostels and mention your team will participate in the EY Cup -Soure to benefit the reduced prices.

For further assistance please get directly in contact with the hotel/rural house.



ANTI-DOPING REGULATION

By participating, the athlete agrees to comply with the currently valid anti-doping rules and regulations of WADA, IFSC and IFSC-Europe (statutes, competition rules, anti-doping regulations). All persons who are licensees of the IFSC or IFSC-Europe are considered as athletes and team officials

SUSTAINABILITY CONSIDERATIONS

VENUE

No temporary infrastructure needs to be built in order to host the EYC Soure 2023. Only existing walls and buildings will be used to facilitate the event.

80% of the illumination will be led lamp.

In Portugal tap water is safe to drink so bring your own bottles for water refill.

TRANSPORT:

Soure have a railway station 1km from the venue.

There will be a free bus, from the main hotel to the venue, 4 time a day.



PROVISIONAL PROGRAMME (LOCAL TIME)

Friday, April 21st - Registration

Soire City Hall (www.cm-soire.pt)

16:30 - 18:00 - Registration

18:00 - 18:15 - Opening Ceremony with the presence of the Secretary of State of Sport, the Mayor of Soire and the President of FPME
All the athletes and team officials are invited.

18:15 - 18:30 - Technical Meeting

18:30 - Snack and drinks to all the present (team officials, competitors and guests)

Saturday, April 22nd - Qualifications

Event Venue

Event Venue

07:00 – Open Warming zone **U16 - Youth B** male/female

08:30 – 12:16 Qualification **U16 - Youth B** male/female

12:15 – Open Warming zone **U20 - Junior** male and female

13:35 – 16:48 Qualification **U20 - Junior** male and female

16:00 – Open Warming zone **U18 - Youth A** male and female

17:15 – 21:30 - Qualification **U18 - Youth A** male and female

Sunday, April 23rd - FINALS

Event Venue

08:30 – 9:00 - Isolation zone opening and close **U16 - Youth B** male/female

10:00 – Presentation **U16 - Youth B** male/female

10:10 - **U16 - Youth B** male and female finals

10:50 - 11:30 - Isolation zone opening and close **U18 - Youth A** and **U20 - Junior** male/female

12:20 – Presentation **U20 - Junior** male and female finals

12:30 - **U20 - Junior** male and female finals

14:10 – Presentation **U18 - Youth A** male and female finals

14:20 - **U18 - Youth A** male and female finals

15.45 - Award ceremony



EVENT ORGANIZER SPONSORS

Presenting Partner



Host Partner



Main Partners



Holds Supplier



IFSC EUROPE – EUROPEAN YOUTH CUP - BOULDER

2023





*INFORMATION FOR VISA

(Adjust depending on needs)

First Name	Last Name	Birth Date	Place of birth	Nationality	Passport Number	Expiration date	Address	Phone number / email	Occupation	Place of visa application

Please don't forget to attach a scanned passport copy

Address where to send the invitation(s):