



2023 / IFSC EUROPE EVENT

IFSC EUROPE EVENT



European Cup European Youth Cup SPEED

TARNÓW

POLAND

1-2 April 2023

ORGANISED BY:



Polski
Związek
Alpinizmu

Event Orgc



Ministerstwo
Sportu i Turystyki



WILDCOUNTRY

**BEZPIECZNY
POWRÓT**



ORGANIZATION

Organizer: Polski Związek Alpinizmu - Polish Mountaineering Association

Address of the Organizer: Mokotowska 24, 00-561 Warsaw

Organizer Website: www.pza.org.pl/sport

Contacts: Tomasz Mazur +48 666 899 508, tomasz.mazur@pza.org.pl

IFSC OFFICIALS

Jury President: Heike Killisch - heike@aktive-life.com

IFSC Judge: Jerome Chapelle - jejechapelle@icloud.com

Head of the National Judges: Artur Polański - artur.polanski@isoap.eu

PRIZE MONEY

Amount of prize money
for the senior European Cup:

1 st	- 2000 €
2 nd	- 1200 €
3 rd	- 800 €
4 th	- 500 €
5 th	- 300 €
6 th	- 200 €



REGISTRATION

Licenses: Only competitors and team officials with a valid IFSC international license are allowed to register for the competition.

Team quota – EUROPEAN CUP (IFSC-E 2023 Rules 4.2):

Each EC competition shall include Categories for male and female competitors. Only competitors who are or will be at least 16 years of age in the year of the competition shall be eligible to compete.

Member Federations may register, within statutory deadlines, Team Officials for one of the following roles:

1. (a) one (1) Team Manager.
2. (b) up to two (2) coaches per discipline.
3. (c) up to two (2) qualified medical or para-medical personnel.

Member Federations may register as competitors:

1. (a) up to four (4) competitors per gender in each relevant discipline.
2. (b) the host federation shall be entitled to register an additional four (4) competitors per gender in each relevant discipline.

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3. (c) up to two (2) competitors per gender in each relevant discipline for the African council

Team quota – EUROPEAN YOUTH CUP (IFSC-E 2023 Rules 2.2):

Each EYC competition shall include Categories for male and female competitors in the U16, U18, and U20 age groups. Member Federations may register, within statutory deadlines, Team Officials for one of the following roles:

1. (a) One (1) Team Manager
2. (b) Up to three (3) coaches per discipline.
3. (c) Up to three (3) qualified medical or para-medical personnel.

Member Federations may register as competitors:

1. (a) Per Category
 1. (i) U16 and U18
 1. (i) up to three (3) competitors for each Category in each relevant discipline
 2. (ii) up to two (2) competitors for each Category in each relevant discipline for the top ten ranked federations (ranking calculation like it is set out in IFSC- Europe Rules Art. 2.3)
 2. (ii) U20
 1. (i) up to two (2) competitors for each Category in each relevant discipline
 2. (ii) up to two (2) competitors for each Category in each relevant discipline for the top ten ranked federations (ranking calculation like it is set out in IFSC- E rules Art. 2.3)
2. (b) the host federation shall be entitled to register an additional two (2) competitors in each Category for each relevant discipline.
3. (c) up to two (2) competitors for each Category and gender in each relevant discipline for the African council

Age categories:

- Juniors (U20) 2004 – 2005
- Youth A (U18) 2006 – 2007
- Youth B (U16) 2008 – 2009

IFSC Online Registration System: <https://ifsc.results.info/users/login>

Deadline: The deadline for registration is 15 days before the first day of competition on:

- 17 March 2023 at 11:59 PM UTC+1 (for European Cup),
- 18 March 2023 at 11:59 PM UTC+1 (for European Youth Cup).

Registration Fees: 25€, for each competitor, for each competition. The registration fee will be invoiced by the IFSC Europe to the National Federations. on-site Registration for the Confirmation of Attendance will be present into the competition venue. No cash-payments will be done on site.

Confirmation of attendance: Physical confirmation of registration is mandatory. The Team Manager is responsible to communicate the presence of the National Team. The schedule and location of the conformation of attendance is outlined in the program of the event.

Delayed Arrival: In case of late arrival please contact the **Jury President** as soon as possible.

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TRAVEL DETAILS

Visa: If you need VISA, please get in contact with the Polish Mountaineering Association (mailto: biuro@pza.org.pl). Provide us data: first, last name, birth date, nationality, passport number, expiration date, address, occupation, place of visa application.

How to get to Tarnów:

By car: Tarnów is located off highway A4 and easy to get to: about 1 hour from Kraków, 4 hours from Warsaw. Google map: <https://goo.gl/maps/7SiaQeNR7gfs7w2dA>

By train: Railway station is well connected to all major Polish and European cities. National and international trains may be booked through:

www.pkp.pl/en

<https://kolejmalopolskie.com.pl/en/home-page>

<https://www.intercity.pl/en/>

By plane: The closest airports to Tarnów:

- Krakow Airport (KRK)
- Rzeszów Airport (RZE)
- Katowice Airport (KTW)

Airports are directly connected with most of the main European cities, also via low-cost airlines.

ACCOMODATION

For assistance, please get directly in contact with the Tarnowskie Centrum Informacyjne (Tourist Information Center): <https://www.it.tarnow.pl/en/>

or through: <https://www.booking.com/city/pl/tarnow.en-gb.html?label=gen173nr-1DCAEoggl46AdIM1gEaLYBiAEBmAEJuAEHyAEN2AED6AEBiAIBqAIDuALX2tKfBsACAdICJDg5Zjl5Yjc1LTY5NjMtNGU1Mi1hNDk3LTViN2Q3Nzc2ZGEwZdgCBOACAQ&sid=ec9cf8526e1f41a2214305a199adf331&aid=304142>

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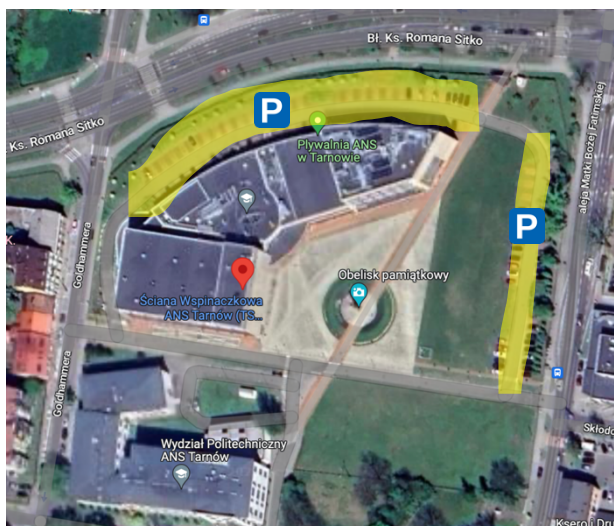


COMPETITION VENUE



University of Applied Sciences in Tarnow
 Hala Sportowa Akademia Nauk Stosowanych
 ul. Mickiewicza 8
 33 -100 Tarnów, Poland
 Google: <https://goo.gl/maps/3x26R9ig7X6hYweS8>

Free parking zone at the venue →



The venue is home to the best speed climbers in Poland and... in the world.

This is where they train every day:

- Klaudia Buczek – vice World Champion 2014,
- Marcin Dzienski – World Champion 2016,
- Anna Brozek – vice World Champion 2018,
- Natalia Kalucka – World Champion 2021,
- Aleksandra Kalucka – World Cup winner 2022.

European Games 2023: The venue for the sports competition will also be the facilities of the Academy of Applied Sciences located in the complex of buildings of the Department of Health. This is where athletes will compete for medals in sport climbing. A specially prepared outdoor wall for both competitions will be erected on the AoAS grounds, with a temporary grandstand built so that as many people as possible can follow the rivalries of the top athletes.

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SUSTAINABILITY CONSIDERATIONS

- **Transport:**

According to **Sustainable Urban Mobility Plan (PZMM Tarnów)**: the city's public transport system consists of 29 municipal bus routes, which provide convenient transportation to all districts. 27 buses are powered by compressed natural gas (CNG), and 10 have a hybrid drive. All buses: are adapted to the transport of disabled people, are equipped with passenger space monitoring, passenger information and traffic management system, air conditioning, internal LCD boards.



All traffic is controlled by **Intelligent Transport Systems (ITS)** which are innovations introduced in European cities to streamline traffic, reduce noise levels, and exhaust emissions. They not only ensure more comfortable use of public transport or individual vehicles, but also make living in the city much safer and cheaper.

How does it work?

Take a bike on: <https://rower.tarnow.pl/en/> or apps: <https://apps.apple.com/app/id1438418303>

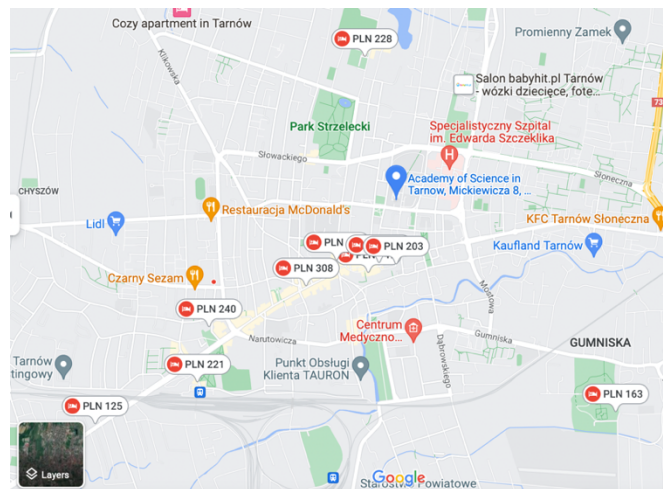
<https://play.google.com/store/apps/details?id=com.nextbike.tarnow&pli=1>

Take a bus on: <http://www.taran.com.pl/mybusonline/?pl/download> then tickets by app:

<https://www.mobilet.pl>

- **Accommodation:**

Although the city is one of the larger towns in the south of our country, it has retained its "small-town" character. This means that everywhere is close... All hotels are relatively small and run by locals, and the distance from the place does not exceed 20 minutes of walking.



- **Food:**

As above, in Tarnów there are a lot of atmospheric restaurants run by locals. The following deserve special mention: <https://sofatarnow.pl> - climatic place with seasonal dishes, <https://efestarnow.pl> – more or less fast food with local touche,

- **At the venue:**

Tarnów is the warmest place in Poland with the annual temperature equals 8.8C and is the highest in Poland. The region receives the highest amount of solar energy (62,5 kilocalories per square centimeter). In this way the venue has solar heating and photovoltaic panels, providing full energy. There is a full segregation of waste policy in the Academy.

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PROVISIONAL PROGRAMME (LOCAL TIME)

Saturday 1st April		
	13:30-14:30	Registration at Venue
	14:45	Technical Meeting
	15:00	Warm-up zone open
	16:00-17:30	EC Speed Practice (female followed by male)
	17:30-19:00	EC Speed Qualification (female followed by male)
	19:30-20:30	EC Finals (female followed by male)
	20:45	Award Ceremony
Sunday 2 nd April		
	8:00-9:00	Registration at Venue
	9:15	Technical Meeting
	9:30	Warm-up zone open
	10:30 - 12:30	EYC Speed Practice (Youth B, Youth A, Juniors)
	12:30 – 13:15	EYC Speed Qualification Youth B (female than male)
	13:15 – 14:00	EYC Speed Qualification Youth A (female than male)
	14:00 – 14:30	EYC Speed Qualification Juniors (female than male)
	15:00-16:30	EYC Finals (female followed by male)
	16:45	Award Ceremony

ANTI-DOPING REGULATION

By participating, the athlete agrees to comply with the currently valid anti-doping rules and regulations of WADA, IFSC and IFSC-Europe (statutes, competition rules, anti-doping regulations). All persons who are licensees of the IFSC or IFSC-Europe are considered as athletes and team officials.

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