



# 2024 IFSC EUROPE

## EUROPEAN YOUTH CUP BOULDER



IFSC EUROPE EVENT

## SOURE, PORTUGAL

# 20/21 APRIL 2024

ORGANISED BY:



Event Organiser's Sponsors



# CREME



## ORGANIZATION

The competition is organized by the Promoting Climbing and Mountaineering Federation - Portugal ([www.fpme.org](http://www.fpme.org)) and the Club NESoure.

**Host Federation:** FPME

Mr. Carlos Gomes

Phone: +351 936 626 048

Mail: [carlos.gomes@fpme.org](mailto:carlos.gomes@fpme.org)

**Organizing Club:** NESoure

Mr. Alberto Cruz

Phone: +351 966 142 879

Mail: [albertocruz@escolasdesoure.pt](mailto:albertocruz@escolasdesoure.pt)

## TEAM QUOTAS & RULES

Refer to IFSC Rules, pay attention to the following points:

The EYC is organized by the IFSC Europe in accordance with the IFSC general and boulder regulations and the European Youth Cup Bouldering rules:

**IFSC:** <https://www.ifsc-climbing.org/index.php/world-competition/rules>

**IFSC Europe:** <https://www.ifsc-climbing.org/index.php/2-uncategorised/86-european-council>

**LICENSES :**

Only competitors and team officials holding a valid IFSC international license are allowed to register for the competition.

**TEAM OFFICIALS AND COMPETITORS:**

Member federations may register, within statutory deadlines, all their team officials who shall be granted free entry into the competition venue.

These officials shall be registered via the [IFSC website](http://www.ifsc-climbing.org), must be in possession of a valid international licence and specifically nominated for one of the following roles:

- a) One (1) team manager;
- b) Up to three (4) team coaches;
- c) Up to three (3) qualified medical or para-medical personnel.

**TEAM QUOTA:**

- a) Each federation - 3 +2 top ten ranked federations male and female competitors for U16 and U18 categories  
Each federation - 2 +2 top ten ranked federations male and female competitors for U20 Category
- b) Host federation - two additional competitors in each category
- c) African Council - 2 for each category and gender.

**AGE CATEGORIES:**

**U20 2005 – 2006**

**U18 2007 - 2008**

**U16 2009 - 2010**

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## REGISTRATION

Apply on the IFSC Online Registration System: <https://ifsc.results.info/users/login>

**Registration Deadline: Monday, 7th of April 2024,**

**Registration fees:** 30 € per athlete. The registration fee will be invoiced by the IFSC Europe to the National Federations.

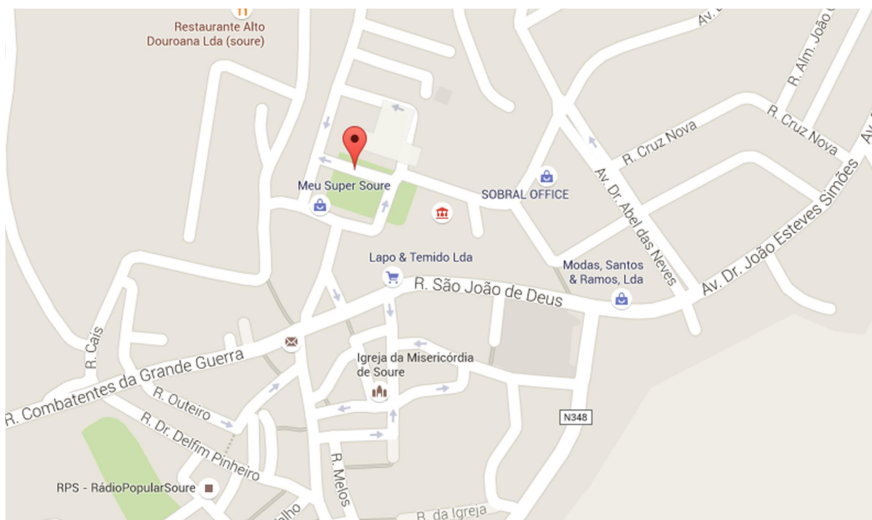
In case of late registration please get in direct contact with Alfons Dornauer [europe.events@ifsc-climbing.org](mailto:europe.events@ifsc-climbing.org) to forward the athletes you want to register. The registration fee will then increase to 95€ for each competitor. The registration fee will be invoiced by the IFSC Europe to the National Federations. No cash-payments will be done on site.

**Registration for athletes of Africa and Oceanian Council:** For the registration process please get in direct contact with Alfons Dornauer [europe.events@ifsc-climbing.org](mailto:europe.events@ifsc-climbing.org).

Euro 30€ for each competitor. The registration fee will be invoiced by the IFSC Europe to the National Federations. No cash-payments will be done on site.

For the registration on Friday, it is necessary for all team managers to show the passports or ID-cards of their competitors (or copy).

**Registration desk:** [Soure City Hall](#)



GPS: 40°03'39.4"N 8°37'32.3"W

### IMPORTANT:

Please send a list of your Team Officials (manager, coaches and medical staff) and the mobile phone number of the team manager together with arrival information of the team to the email: [albertocruz@escolasdesoure.pt](mailto:albertocruz@escolasdesoure.pt).

### Confirmation of attendance for delayed arrival:

In case a team is not able to make the registration in time due to flight delays or other unpredictable reasons, please contact:

**Jury President: Cristiano Fossali** - [cfossali@gmail.com](mailto:cfossali@gmail.com); +393421414656

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## TRAVEL DETAILS

### Visa:

If you need invitations for Visa, please fulfil the template provided at the end of the document before 27<sup>st</sup> March and send it to: [fpme@fpme.org](mailto:fpme@fpme.org). And please, don't forget to attach a scanned passport copy.

### TRAVELLING TO SOURE

Soure is located near Coimbra and about 150km of Porto airport and 180 km of Lisbon airport. It has a railway station and some trains from Porto, Lisbon and Coimbra stop there.

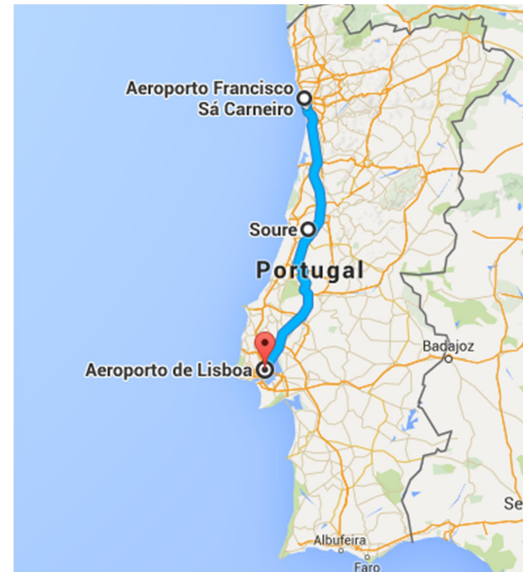
### TRAVEL DETAILS

**By plane:** The nearest airports are:

- Porto (157 km)
- Lisboa (177 km)

**By train:** From Porto or Lisbon you can catch a train to Soure Railway station, then take less than 10 minutes walk to the competition venue. It is possible to take a train from Porto or Lisbon to Coimbra and come to Soure by train or by bus.

**By car:** On motorway From Lisbon or Porto take A1; take the exit marked Soure. At the roundabouts take N348 to the right. After 6 km you are in centre of Soure.



## COVID RELATED INFORMATION

COVID-19 travel restrictions were lifted in Portugal. Providing proof of vaccination, recovery from COVID-19 or negative test results is not required.

## COMPETITION VENUE

### [Pavilhão da Encosta do Sol](#)

Avenida Doutor Humberto Lopes Luís  
Urb. Encosta do Sol  
3130-255 Soure

[The venue is near the middle of the village, 500m from the City Hall.](#)

Google Maps: <https://www.google.pt/maps/@40.0652488,-8.6263145,419m/data=!3m1!1e3?hl=pt-PT>

**GPS: 40.066142, -8.627478**

## IFSC OFFICIALS

### Jury President:

Cristiano Fossali (ITA)

### IFSC Judge

Johannes Altner (GER)

### Jury President Assistance:

Pedro Matos (POR)

Valeriya Letyuka (POR)

**Result Service:** Luís Belo (POR)

### Medical Team:

Dr.<sup>a</sup> Cláudia Gemelgo

Dr.<sup>o</sup> Manuel Santos

### Chief Route Setter:

Aleksander Romanowski (POL)

**IFSC Route Setter**

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Artūras Volkovas (LTU)

**National Route Setters:**

João Évora (POR), Maragda Garbarre (POR),  
Filipe Cardinal (POR), Filipe Carvalho (POR),  
Pedro Pato (POR)

**Invited Route Setters:**

Eric Hedmanm (GER); Fedir Samoilov  
(UKR),

**Junior Route Setter:**

Ricardo Ferreira (POR)

## COMPETITION FORMAT

**Qualifications:** 6 (3+3) Boulders/4 Minutes (preparation time 15 seconds); Flash-Mode (All boulders will be presented to the athletes by video)

**Finals:** 4 Boulders/4 minutes (preparation time 15 seconds); Quota: 10/category.

## ACCOMMODATION

Soure is a small village with few accommodations.

This year we made a special arrangement with *Palace Hotel & SPA Termas do Bicanho* (\*\*\*\*), about 14Km from the venue. The hotel will provide about 90 rooms for the EYcup. The price includes breakfast. Usually the hotel does not provide meals but, for the European Cup, the teams can book for it.

*It is possible to have free transportation between this hotel and the competition venue during the competition days, four times a day, in defined hours, depending of the competition final time table.*

All hotels and hostels listed below have agreed to a reduced price for the bouldering event.

Cat.	name	phone	email	website	↑	↑↑	↑↑↑	↑↑↑↑	2pax	3pax	4pax	12pax
<b>Soure from 10 to 14 km to the venue</b>												
****	Palace Hotel & SPA Termas do Bicanho	T+351 239580020	geral@termasdobicanho.com	http://www.termasdobicanho.com	64.5	74.5	94.5					
Rural House	Quinta de S. João, Poios	T+351 96 4763150	marinelasousa@sapo.pt	http://www.quintasaojoao.com.pt/							12 pax/night	264€
<b>Penela from 30 km to the venue</b>												
****	Hotel Quinta do Viso	T+351 961654912	hotel@quintadoviso.com	https://www.quintadoviso.com/	50	80	120					
	Hostel Quinta do Viso	T+351 961654912	hotel@quintadoviso.com	https://www.quintadoviso.com/	45	65	90					
****	Ducetânia Design Hotel	T+351 239700740	eventos@duecitania.pt	www.duecitania.pt	86	96	131					
<b>Montemor-o-Velho 12Km km to the venue</b>												
***	Quinta d' Anta- Hotel Rural Maiorca	T+351 233937000 +351 964994 515	nuno.carvalho@portugalonwater.pt hotel@quintadanta.pt	http://www.quintadanta.pt	75	75	98					
<b>Pombal 17 km to the venue</b>												
***	Cardal Hotel	+351 236 200 220	info@cardalhotel.com	www.cardalhotel.com	45	55	70	85				
**	Senhora de Belém Hotel	T+351 236200800	hotel@senhoradebelem.com	http://www.belemhotel.pt/	45	60	75					
	Acquavilla AG	T+351 936 403 041	reservas.acquavilla@gmail.com	www.acquavillahouse.com/en		83	104	122				
<b>Coimbra 29 km to the venue</b>												
***	Hotel D. Luis	T+351 239 802 120	reservas@hoteldluis.pt	anapaula.santana@hoteldluis.pt	69	79						
**	Hotel Vitoria	+351 239 824049	reservas@hotelvitoria.pt	http://www.hotelvitoria.pt/	70	90	120					
	Hotel Botânico	+351 239 714 824	geral@hotelbotanicocoimbra.pt	https://hotelbotanicocoimbra.pt/	62	69	105	115				
<b>Miranda do Corva Coimbra 33 km to the venue</b>												

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****	Hotel Parque Serra Da Lousa	T+351 239 095 054	geral@hotelparqueserradalousa.pt	https://hotelparqueserradalousa.pt/	113	122	152						
<b>Figueira da foz 36 km to the venue</b>													
****	Universal Boutique Hotel	T+351 233 090 110	geral@universalboutiquehotel.pt	www.universalboutiquehotel.pt	65	70							
***	Hotel Wellington	+351 233 426 767	reservas@exewellington.com	https://www.eurostarshotels.com.pt/exe-wellington.html	10% discount on the current rate								

Please book your rooms directly with the hotels/hostels and mention your team will participate in the EY Cup -Soure to benefit the reduced prices.

For further assistance please get directly in contact with the hotel/rural house.

## ANTI-DOPING REGULATION

By participating, the athlete agrees to comply with the currently valid anti-doping rules and regulations of WADA, IFSC and IFSC-Europe (statutes, competition rules, anti-doping regulations). All persons who are licensees of the IFSC or IFSC-Europe are considered as athletes and team officials

## SUSTAINABILITY CONSIDERATIONS

### ENERGY/VENUE AND ACCOMODATION

No temporary infrastructure needs to be built in order to host the EYC Soure 2024. Only existing walls and buildings will be used to facilitate the event.

100% of the illumination will be led lamp.

The routesetters will exclusively use ladders.

### FOOD, DRINK, CATERING AND MERCHANDISING

In Portugal tap water is safe to drink so bring your own bottles for water refill.

We will choose local producers that supply only locally-bottled and locally-canned drinks.

We will use locally sourced food with menus with a seasonal emphasis.

All the providers will be from local companies,

### TRANSPORT:

Soure have a railway station 1km from the venue.

There will be a free bus, from the main hotel to the venue, 4 time a day.

### WASTAND WATER

In Portugal tap water is safe to drink so bring your own bottles for water refill.



## TIME TABLE EYC SOURE 2024

### Friday, April 19<sup>th</sup> - Registration

**Soire City Hall ([www.cm-soire.pt](http://www.cm-soire.pt))**

16:30 - 18:00 - Registration

18:15 - Technical Meeting

18:30 - Snack and drinks to all the presents

### Saturday, April 20<sup>th</sup> - Qualifications

#### Event Venue

07.00: Open Warming zone **U16** male and female

**08.30–12.20: Qualification U16 male and female**

12.30: Open Warming zone **U20** male and female

**14.00–16.40: Qualification U20 male and female**

15:40: Open Warming zone **U18** male and female

**17.10-21.00: Qualification U18 male and female**

### Sunday, April 21<sup>st</sup> - FINALS

#### Event Venue

07.30–8.30: Isolation zone opening and close **U16** male/female

09.15: Presentation **U16** male and female finals

**09.30- 10.40 U16 male and female finals**

10.25–11.30: - Isolation zone opening and close **U18/U20** male/female

12.10: Presentation **U20** male and female finals

**12.25-13.35: U20 male and female finals**

14.05: Presentation **U18** male and female finals

**14.20-15.30: U18 male and female finals**

**15.45: Award ceremony**

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## EVENT ORGANIZER SPONSORS

Presenting Partner

Host Partner



MUNICÍPIO DE SOURE



Main Partners



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## \*INFORMATION FOR VISA

(Adjust depending on needs)

First Name	Last Name	Birth Date	Place of birth	Nationality	Passport Number	Expiration date	Address	Phone number / email	Occupation	Place of visa application

Please don't forget to attach a scanned passport copy

Address where to send the invitation(s):

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