



IFSC EUROPE EVENT

2025 IFSC EUROPE EVENT

European Cup SPEED

Zakopane (Małopolska)
POLAND
14.06.2025

ORGANISED BY:



ORGANIZATION

Host Federation:

Polish Mountaineering Association (PZA)

Mokotowska 24 street

00-561 Warsaw

Mobile: +48 504 002 610

Mail: biuro@pza.org.pl

Local Organiser:

Stowarzyszenie Spotkania z Filmem Górskim

Makuszyńskiego 15B street

34-500 Zakopane

Mobile: +48 791 686 987

Mail: kontakt@tatrafest.org

Event Manager: Magda Ziaja-Żebracka, magda@tatrafest.org

Competition Manager: Arkadiusz Kamiński, Arkadiusz.kaminski@live.com

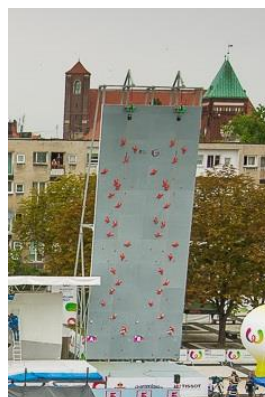
COMPETITION VENUE

Outdoor Event Venue: The competition will take place on a portable 15 m speed climbing wall set up for the event at Independence Square in Zakopane.

Address: Independence Square (Plac Niepodległości), Zakopane, Małopolska, Poland

Registration & technical meeting address: **Sokolnia TG "Sokół" Zakopane, Władysława Orkana 2a, 34-500 Zakopane**, Poland (<https://maps.app.goo.gl/WLmwRM1FRJnPdNfS8>)

Venue Google Maps: <https://goo.gl/maps/cQteJem3ejt9Xdis8>



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TRAVEL DETAILS

Arrival by car

Zakopane is about 100 km south of Kraków, the capital of the Małopolska region.

By car it can be reached via the national road DK47 (popularly known as Zakopianka) from Kraków. Please note that traffic can be heavy, especially on weekends and during holidays.

Arrival by public transports

Zakopane has a train station with direct connections to Kraków and other major cities. Regular bus services from Kraków Bus Station (Kraków MDA) are also available, with travel time approximately 2–2.5 hours.

Arrival by plane

The closest airport to Zakopane is Kraków John Paul II International Airport (KRK), located about 110 km from Zakopane. Other nearby airports include Katowice International Airport (KTW) (approx. 170 km) and Poprad-Tatry Airport in Slovakia (TAT) (approx. 70 km).

Traveling to Zakopane sustainably:

We recommend using trains or buses instead of individual car travel where possible. Direct trains and long-distance coaches from major Polish cities (e.g., Kraków, Warsaw) are available.

- Polish Railways (PKP) schedules: <https://rozklad-pkp.pl/en>
- FlixBus schedules (long-distance buses): <https://www.flixbus.com>

Getting around Zakopane in a green way:

- Local public transport (buses and minibuses) is widely available. Bus schedules: <https://www.zakopane.pl/en/tourist-area/transport>
- Bike rentals are an eco-friendly and fun alternative:
 - Góralskie Rowery: <https://goralskierowery.pl>
 - e-bike rentals available at selected locations.

Tip: Many venues and accommodations are within walking distance!



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ACCOMMODATION

Official Hotel

Hotel Belvedere Resort & Spa

Droga Do Białego 3 street

34-500 Zakopane, Małopolska

www.hotelbelvedere.pl

Map: <https://goo.gl/maps/aFmrZqeuF5pAGxpX6>

Zakopane boasts an impressive and continuously expanding accommodation base. Visitors can choose from around a thousand lodging options within the city itself, as well as many more in the surrounding towns. The city offers 25 hotels, over 500 apartment buildings, and around 150 guesthouses, hostels, villas, and private accommodations. Thanks to popular booking platforms, guests can easily tailor their stay by selecting the desired star rating, room amenities, and additional services.

For further assistance or more information, please contact the Zakopane Tourism Office directly: <https://www.zakopane.pl/en/tourist-area>.

HEALTHCARE SYSTEM INFORMATION

Hospital Emergency Department (SOR) – District Hospital in Zakopane (Szpital Powiatowy im. dr Tytusa Chałubińskiego)

- **Address:** ul. Kamieniec 10, 34-500 Zakopane, Poland
- **Phone (main reception):** +48 18 20 120 21
- **Phone (Emergency Department):** +48 18 20 120 21 ext. 100
- **E-mail:** sekretariat@szpital-zakopane.pl
- **Website:** www.szpital-zakopane.pl

The Emergency Department provides 24/7 assistance for urgent medical cases.

Tatra Volunteer Search and Rescue (TOPR)

- **Address:** ul. Piłsudskiego 63a, 34-500 Zakopane, Poland
- **Rescue phone:** +48 601 100 300
- **Emergency number:** 985 or 112
- **Phone (office):** +48 18 20 147 31
- **E-mail:** topr@topr.pl
- **Website:** topr.pl

TOPR specializes in mountain rescue operations within the Tatra Mountains, assisting in situations that endanger life and health in mountainous areas.



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Emergency Numbers

- Ambulance service: 999
- Mountain rescue (TOPR): 985
- European emergency number: 112

In case of a medical emergency, it is recommended to call 999 to connect directly with a medical dispatcher.

OFFICIALS

- **Jury President:** Artur Polański (POL): +48 602 666 040
- **PZA Judge:** Rafał Kanowski (POL): +48 512 846 926

REGISTRATION

Registration Deadline: 10 days prior to the first day of the event: **05 June 2025 at 11:59 pm CET**

Registration via: <https://ifsc.results.info/users/login>

Quota: See IFSC Europe Rules 2025, Section 2.2.

Confirmation of attendance: During registration on site, done by the Team Manager.

Delayed Arrival: In case of delayed arrival, please contact the Jury President (see contact above)

Registration Fees: 45 € per athlete. The registration fee will be invoiced by the IFSC Europe to the National Federations. In case of late registration please get in direct contact with sport@ifsc-climbing.org to forward the athletes you want to register. The registration fee will then increase to 95€ for each competitor.

Registration for athletes of Africa and Oceanian Council: For the registration process please get in direct contact with sport@ifsc-climbing.org

VISA

If you need invitations for visa, please contact Arkadiusz Kamiński | Arkadiusz.kaminski@live.com no later than 1 month prior to the competition. We need all the information shown in the following table from all team members to send you an invitation letter. Please send the information all together in one table and also add passport copies.

Please provide following data: First Name / Last name / Date of birth / Place of birth / Nationality / Passport Number / Expiration date / Address / Phone or Mail / occupation / Place of Visa Application.



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PROVISIONAL PROGRAMME (LOCAL TIME)

Saturday 14 June 2025		
Sokolnia TG "Sokół" Zakopane		
10:00	11:00	Registration at the Sokolnia TG "Sokół" Zakopane
11:15	11:45	Technical Meeting at the Sokolnia TG "Sokół" Zakopane
Independence Square (Plac Niepodległości)		
13:00	14:00	Women's and Men's Speed Warm-up (opening/closing)
14:00	15:30	Women's & Men's Speed Practice
16:00	17:30	Women's & Men's Speed Qualification
18:00	19:00	Men's and Women's Speed Final
~ 19:05	19:15	Men's and Women's Speed Award Ceremony

Notice: This provisional schedule will be confirmed at the technical meeting and will depend on the number of registered athletes.

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TATRA FEST 2025 SPORTS FESTIVAL



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Tatra Fest is a multidisciplinary mountain sports festival held in Zakopane, scheduled for **June 13–15, 2025**. This event brings together mountain, sport, and nature enthusiasts, offering a wide range of activities for all skill levels and ages.

Main attractions of Tatra Fest 2025:

- **Tatra Fest Ultra Run – 65 km:**
Considered one of the toughest ultra-marathons in Poland, featuring over **5,000 meters of elevation gain**. The route passes through the highest parts of the Western Tatras, including **Kasprowy Wierch** and **Starorobociański Wierch**, often reaching above 2,000 meters above sea level.
- **Tatra Fest Vertical:**
A short but intense race up the **Wielka Krokiew ski jump** – just 300 meters long but with 140 meters of elevation gain, perfect for fans of steep and fast challenges.
- **Tatra Fest Runs – 25 km & 12 km:**
Ideal for runners looking for less extreme but still scenic and challenging mountain routes.
- **Tatra Fest Bike:**
A two-day **non-competitive cycling adventure** around the Tatra Mountains, focused on exploration and enjoying the stunning mountain scenery rather than racing.
- **Tatra Fest Hike:**
Organized **guided hikes and educational workshops**, great for families and anyone wanting to combine physical activity with learning about the natural environment.
- **Tatra Fest Climb & Kids Zone:**
Climbing competitions for children, along with kid-friendly trail runs and workshops, all promoting physical activity and mountain culture among the youngest participants.
- **European Cup & European Youth Cup in speed climbing:**
Zakopane will also host top-tier **speed climbing competitions** as part of the **European Cup and European Youth Cup**. These prestigious events will bring together the fastest climbers from across Europe to compete on an international level.

The festival strongly emphasizes **inclusivity, accessibility, and ecological education**, with special zones for people with disabilities and educational programs conducted in cooperation with the **Tatra National Park**.

More details and the full schedule can be found on the official website: <https://tatrafest.org>



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Event fan page on Facebook

<https://www.facebook.com/festiwaltatrafest>

<https://www.facebook.com/events/662037883480139>

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