



2025 IFSC EUROPE

EUROPEAN YOUTH CUP BOULDER



IFSC EUROPE EVENT

Soure, PORTUGAL

26/27 APRIL 2025

ORGANISED BY:



Event Organiser's Sponsors





ORGANIZATION

The competition is organized by the Portuguese Federation of Sport Climbing (www.fpme.org) and the Club NESoure.

Host Federation: FPME

Mr. Alberto Cruz

Phone: +351 966 142 879

Mail: alberto.cruz@fpme.org

Organizing Club: NESoure

Mr. Fernando Correia

Phone: +351 918 163 851

Mail: nesoure@gmail.com

TEAM QUOTAS & RULES

Refer to IFSC Rules, pay attention to the following points:

The EYC is organized by the IFSC Europe in accordance with the IFSC general and boulder regulations and the European Youth Cup Bouldering rules:

IFSC: <https://www.ifsc-climbing.org/resources/competitions>

IFSC Europe: <https://www.ifsc-climbing.org/continental-councils/european/eu-members>

LICENSES :

Only competitors and team officials holding a valid IFSC international license are allowed to register for the competition.

TEAM OFFICIALS AND COMPETITORS:

Member federations may register, within statutory deadlines, all their team officials who shall be granted free entry into the competition venue. These officials shall be registered via the [IFSC website](http://www.ifsc-climbing.org), must be in possession of a valid international licence and specifically nominated for one of the following roles:

a) One (1) team manager;

b) Up to three (4) team coaches;

c) Up to three (3) qualified medical or para-medical personnel.

TEAM QUOTA:

U17: 3 competitors per gender and discipline + 2 competitors per gender and discipline for the TOP 10 ranked federations

U19: 3 competitors per gender and discipline + 2 competitors per gender and discipline for the TOP 10 ranked federations

+2 additional competitors in each category for the host federation

+2 competitors per category, gender and discipline for the African as well as for the Oceanian Council

AGE CATEGORIES:

U17 2009 - 2010

U19 2007 - 2008

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REGISTRATION

Apply on the IFSC Online Registration System: <https://ifsc.results.info/users/login>

Registration Deadline: : 10 days before the first day of the event, Thursday, 16h of April 2025,

Registration fees: 45 € per athlete. The registration fee will be invoiced by the IFSC Europe to the National Federations.

In case of late registration please get in direct contact with Alfons Dornauer europe.events@ifsc-climbing.org to forward the athletes you want to register. The registration fee will then increase to 95€ for each competitor. The registration fee will be invoiced by the IFSC Europe to the National Federations. No cash-payments will be done on site.

Registration for athletes of Africa and Oceanian Council: For the registration process please get in direct contact with Alfons Dornauer europe.events@ifsc-climbing.org.

For the registration on Friday, it is necessary for all team managers to show the passports or ID-cards of their competitors (or copy).

Registration desk: [Soure City Hall](#)



GPS: 40°03'39.4"N 8°37'32.3"W

IMPORTANT:

Please send a list of your Team Officials (manager, coaches and medical staff) and the mobile phone number of the team manager together with arrival information of the team to the email: albertocruz@escolasdesoure.pt.

Confirmation of attendance for delayed arrival:

In case a team is not able to make the registration in time due to flight delays or other unpredictable reasons, please contact:

Jury President: Cristiano Fossali - cfossali@gmail.com; +393421414656

TRAVEL DETAILS

Visa:

If you need invitations for Visa, please fulfil the template provided at the end of the document before 27st March and send it to: fpme@fpme.org. And please, don't forget to attach a scanned passport copy.

TRAVELLING TO SOURE

Soure is located near Coimbra and about 150km of Porto airport and 180 km of Lisbon airport. It has a railway station and some trains from Porto, Lisbon and Coimbra stop there.

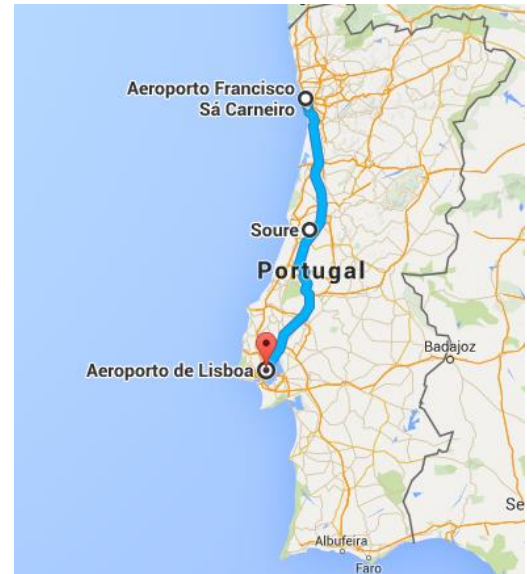
TRAVEL DETAILS

By plane: The nearest airports are:

- Porto (157 km)
- Lisboa (177 km)

By train: From Porto or Lisbon you can catch a train to Soure Railway station, then take less than 10 minutes walk to the competition venue. It is possible to take a train from Porto or Lisbon to Coimbra and come to Soure by train or by bus.

By car: On motorway From Lisbon or Porto take A1: take the exit marked Soure. At the roundabouts take N348 to the right. After 6 km you are in centre of Soure.



COMPETITION VENUE

Pavilhão da Encosta do Sol

Avenida Doutor Humberto Lopes Luís

Urb. Encosta do Sol

3130-255 Soure

The venue is near the middle of the village, 500m from the City Hall.

Google Maps: <https://www.google.pt/maps/@40.0652488,-8.6263145,419m/data=!3m1!1e3?hl=pt-PT>

GPS: 40.0661 42, -8.627478

IFSC OFFICIALS

Jury President:

Cristiano Fossali (ITA)

IFSC Judge

Johannes Altnr (GER)

Jury President Assistance:

Miguel Leite (POR)

Valeriya Letyuka (POR)

Result Service: Luís Belo (POR)

Medical Team:

Dr.^a Cláudia Gemelgo

Dr.^o Manuel Santos

Chief Route Setter:

Tomasz Oleksy (POL)

IFSC Route Setter

Artūras Volkovas (LTU)

National Route Setters:

João Évora (POR),

Maragda Garbarre (POR),

Pedro Pato (POR)

Junior Route Setter:

Ricardo Ferreira (POR)

COMPETITION FORMAT

Qualifications: 6 (3+3) Boulders/4 Minutes (preparation time 15 seconds); Flash-Mode (All boulders will be presented to the athletes by video)

Finals: 4 Boulders/4 minutes (preparation time 15 seconds); Quota: 10/category.

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ACCOMMODATION

Soure is a small village with few accommodations.

We made a special arrangement with *Palace Hotel & SPA Termas do Bicanho* (****), about 14Km from the venue. The hotel will provide about 90 rooms for the EY Cup. The price includes breakfast. Usually the hotel does not provide meals but, for the European Cup, the teams can book for it. It is possible to have free transportation between this hotel and the competition venue during the competition days, four times a day, in defined hours, depending of the competition final time table.

For Federations with autonomous transport, we are pleased to offer a special accommodation option this year: the [Dolinas Climbing Hotel](https://www.dolinasclimbinghotel.com/), located just 65 km (about a 48 minute drive) from Soure.

<https://www.instagram.com/p/DAbZD0gNUjF/>

<https://www.dolinasclimbinghotel.com/>

The Dolinas Climbing Hotel, the world's only hotel dedicated entirely to climbing, provides an unparalleled experience for participants. Key features include:

- Climbing Center: A 700m² indoor facility featuring bouldering walls, auto belays, and a 30-meter rope wall. The facility is equipped to host training sessions, competitions, and events.
 - Accommodations: 93 rooms with options ranging from single to family suites, offering participants a comfortable stay.
 - Amenities: A restaurant, lounge bar, gym, wellness area, and spaces for workshops and conferences.
 - Sustainability: The hotel avoids wasting energy and water, having invested in renewable energy sources through the installation of solar panels. It uses recycled paper, practices selective recycling, and offers electric car charging (free for guests). The hotel also actively raises awareness among customers to reduce unnecessary consumption of resources.
 - Food Allergy Awareness: The hotel has invested in offering food alternatives for guests with allergies (subject to consultation and availability), and provides specialized training for staff to ensure a more personalized service.
 - €82/night for single rooms.
 - €97/night for twin or double rooms
- (Breakfast Buffet included as [well as free access to Climbing Center for the National Teams Athletes](#))

All hotels and hostels listed below have agreed to a reduced price for the bouldering event.

Cat.	name	phone	email	website	↑	↑↑	↑↑↑	↑↑↑↑	2pax	3pax	4pax	12pax
Porto de Mós from 65 km to the venue												
****	Dolinas Climbing Hotel	T+351 244 202 222	info@dolinasclimbinghotel.com	https://www.dolinasclimbinghotel.com	82	97						
Soure from 10 to 14 km to the venue												
****	Palace Hotel & SPA Termas do Bicanho	T+351 239580020	geral@termasdobicanho.com	http://www.termasdobicanho.com	74.5	86.5	114.5					
Rural House	Quinta de S. João, Poios	T+351 96 4763150	marinelasousa@sapo.pt	http://www.quintasaojoao.com.pt/								12 pax/night
Penela from 30 km to the venue												
****	Hotel Quinta do Viso	T+351 961654912	hotel@quintadoviso.com	https://www.quintadoviso.com/	55	75	100					
	Hostel AL Quinta do Viso	T+351 961654912	hotel@quintadoviso.com	https://www.quintadoviso.com/	50	65	85					
****	Ducetânia Design Hotel	T+351 239700740	eventos@ducetania.pt	www.ducetania.pt	102	112						
Montemor-o-Velho 12Km km to the venue												
***	Quinta d'Anta- Hotel Rural Maiorca	T+351 233937000 +351 964994 515	nuno.carvalho@portugalonwater.pt hotel@quintadanta.pt	http://www.quintadanta.pt		67	92					
Pombal 17 km to the venue												
**	Senhora de Belém Hotel	T+351 236200800	hotel@senhoradebelem.com	http://www.belemhotel.pt/	70.5	92	119.5					
	Acquavilla AG	T+351 936 403 041	reservas.acquavilla@gmail.com	www.acquavillahouse.com/en		83	105	128				
Coimbra 29 km to the venue												
***	Hotel D. Luis	T+351 239 802 120	reservas@hoteldluis.pt	anapaula.santana@hoteldluis.pt	57.8	70	87.7					
****	Hotel NH Coimbra Dona Inês	T+352239 855 800	reservations.portugal@minorhotels.pt	https://www.nh-hotels.com/pt/hotel/nh-coimbra-dona-ines	10% discount on the current rate							
**	Hotel Vitoria	+351 239 824049	reservas@hotelvitoria.pt	http://www.hotelvitoria.pt/	75	105	150					

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Figueira da Foz 36 km to the venue										
****	Universal Boutique Hotel	T+351 233 090 110	geral@universalboutiquehotel.pt	www.universalboutiquehotel.pt	70	76				
**	Hotel Aviz	T+351 233 422 635	hotel-aviz@hotmail.com	https://www.hoteisfinder.com/hotel-aviz/	35	45	60			
****	Eurostars Oasis Plaza	T+351 233 200 010	reservas@eurostarsoasisplaza.com	https://www.eurostarshotels.com.pt/eurostars-oasis-plaza.html	189	199	229			

Please book your rooms directly with the hotels/hostels and mention your team will participate in the EY Cup - Soure to benefit the reduced prices.
For further assistance please get directly in contact with the hotel/rural house.

ANTI-DOPING REGULATION

By participating, the athlete agrees to comply with the currently valid anti-doping rules and regulations of WADA, IFSC and IFSC-Europe (statutes, competition rules, anti-doping regulations). All persons who are licensees of the IFSC or IFSC-Europe are considered as athletes and team officials

SUSTAINABILITY CONSIDERATIONS

ENERGY/VENUE AND ACCOMODATION

No temporary infrastructure needs to be built in order to host the EYC Soure 2025. Only existing walls and buildings will be used to facilitate the event.

100% of the illumination will be led lamp.

The routesetters will exclusively use ladders.

FOOD, DRINK, CATERING AND MERCHANDISING

In Portugal tap water is safe to drink so bring your own bottles for water refill.

We will choose local producers that supply only locally-bottled and locally-canned drinks.

We will use locally sourced food with menus with a seasonal emphasis.

All the providers will be from local companies,

TRANSPORT:

Soure have a railway station 1 km from the venue.

There will be a free bus, from the main hotel to the venue, 4 time a day.

WAST AND WATER

In Portugal tap water is safe to drink so bring your own bottles for water refill.

There will be separation containers for sorting and recycling waste: yellow for plastic, green for glass, blue for paper, and black for general waste.

TIME TABLE EYC SOURE 2025 (Provisional)

Friday, April 25th - Registration

[Soure City Hall \(www.cm-soure.pt\)](http://www.cm-soure.pt)

16:30 - 18:00 - Registration

18:00 - 18:15 - Opening Ceremony with the presence of the, the Mayor of Soure and the President of FPME
All the athletes and team officials are invited.

18:15 - 18:30 - Technical Meeting

18:30 - Snack and drinks to all the present (team officials, competitors and guests)

Saturday, April 26th - Qualifications

[Event Venue](#)

Event Venue

07:30 - Open Warming zone U17 - male/female

09:00 - 13:00 Qualification U17 - male/female

12:30 - Open Warming zone U19 - male and female

14:30 - 18:30 Qualification U19 - male and female

18:45 - 22:00 - Party (to be confirmed)

Sunday, April 27th - FINALS

[Event Venue](#)

08:30 - 9:00 - Isolation zone opening and close U17 - male/female

10:00 - Presentation U17 - male/female

10:10 - Finals U17 - male and female finals

10:50 - 11:30 - Isolation zone opening and close U19 male/female

12:20 - Presentation U19 - male and female finals

12:30 - U19 - male and female finals

15:00 - Award ceremony

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PRESENTING PARTNER



HOST PARTNER

MUNICÍPIO DE SOURE



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HOLDS SUPPLIER



holds · volumes · equipment

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*INFORMATION FOR VISA

(Adjust depending on needs)

First Name	Last Name	Birth Date	Place of birth	Nationality	Passport Number	Expiration date	Address	Phone number / email	Occupation	Place of visa application

Please don't forget to attach a scanned passport copy

Address where to send the invitation(s):

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